Oxford House Expectations

THIS LIST CONSISTS OF COMMON-SENSE, EVERYDAY GUIDELINES THAT WILL HELP ALL OF US TO BE AWARE OF THE NEED TO RESPECT EACHOTHER. THESE EXPECTATIONS HAVE BEEN SET IN PLACE TO NOT ONLY SAFEGUARD YOUR OXFORD HOUSE BUT, TO SAFEGUARD IT'S CURRENT MEMBERS AND ALL THE FUTURE MEMBERS TO COME.

AT SOME OF THESE WE BALKED......BUT!.....

- 1. **FIRST 30 DAYS**; NO OVERNIGHTS OUTSIDE OF THE HOUSE, WITH THE EXCEPTION OF OXFORD HOUSE FUNCTIONS. ANY OTHER "*SPECIAL CIRCUMSTANCES*" MUST BE BROUGHT TO THE HOUSE MEETING FOR A VOTE.
- 2. OVERNIGHT GUESTS; WOMENS / WOMEN WITH CHILDREN & MEN WITH CHILDRENS HOUSES...NO SIGNIFICANT OTHERS....NO SEX IN THE HOUSE.
- 3. IF, FOR ANY REASON YOU GET A **PRESCRIBED NARCOTIC**, IT MUST BE BROUGHT TO THE ATTENTION OF THE HOUSE. YOU MUST HAVE A NOTE FROM PHYSICIAN IF PRESCRIBED FOR LONGER THAN **2 WEEKS**.
- 4. IF YOU ARE PRESCRIBED MEDICINES BY YOUR DOCTOR, YOU MUST STAY ON THOSE MEDS. UNTIL YOUR DOCTOR TAKES YOU OFF THEM. (PROVIDE SUCH PROOF FROM YOUR DOCTOR TO THE HOUSE)
- 5. ALL MEDICINES ARE TO BE KEPT IN YOUR LIVING AREA AND OUT OF VIEW OF OTHER HOUSE MEMBERS. (ABSOLUTELY NO SHARING OF PRESCRIBED MEDS)
- 6. ATTEND OUTSIDE SUPPORT GROUP MEETINGS WEEKLY.
- 7. RESPECT YOUR HOUSEMATES PERSONAL BOUNDARIES BY, TREATING THEM AS YOU WOULD LIKE TO BE TREATED.
- 8. DO NOT USE ANYONES PERSONAL ITEMS WITHOUT PERMISSION.
- 9. MARK <u>ALL</u> YOUR FOOD ITEMS WITH YOUR INITIALS. TAKING SOMEONE ELSES FOOD *WITHOUT PERMISSION* CONSTITUTES **THEFT** AND WILL BE DEALT WITH BY THE HOUSE RESIDENTS.
- 10. BEDROOM AREAS ARE PRIVATE AND SHOULD BE RESPECTED. THEY SHOULD ALSO BE KEPT NEAT AND CLEAN AT ALL TIMES.
- 11. IF YOU MAKE A MESS, <u>CLEAN IT UP!</u> INCLUDING CLEANING OUT TUB OR SHOWER AFTER USE, BATHROOM SINKS AND COUNTERS FREE OF HAIR, TOOTHPASTE SPLATTER OR MAKE-UP. KITCHEN- WIPE UP ANY CRUMBS, SPILLS OR GREASE SPLATTERS ON STOVE AND WALLS, RINSE YOUR DISHES AND PLACE IN DISHWASHER.
- 12. DO ASSIGNED CHORES COMPLETELY AND IN A TIMELY FASHION. **RESPECT OTHERS CHORE TIME.** (Do not start cooking while someone is cleaning kitchen and try to vacate rooms in which they are trying to clean out of respect for their chore time.)
- 13. GOOD PERSONAL HYGIENE IS EXPECTED WHILE LIVING IN THIS HOUSE BUT, PLEASE KEEP SHOWER TIME TO A MINIMUM, WE ALL LIKE HOT WATER.

- 14. REMOVE LAUNDRY AS SOON AS IT'S COMPLETED. IF YOU HAVE TO LEAVE THE HOUSE BEFORE IT IS DONE, ASK ANOTHER MEMBER TO HELP YOU OUT BY REMOVING IT WHEN IT'S DONE. LAUNDRY ROOM TIME IS _____ AM TO _____ PM.
- 15. DISHWASHER HOURS: **AFTER AM UNTIL PM.** CALL AND ASK FOR HELP IF YOU CAN'T MAKE IT HOME EARLY ENOUGH ON YOUR DISH NIGHT TO HAVE DISHWASHER CYCLE COMPLETED AND DISHES PUT AWAY BY PM.
- KEEP TELEPHONE TIME TO 15 MINUTES; <u>ANSWER THE BEEPS</u>. IF FOR SOME REASON YOU MISS A CALL.... CHECK MESSAGES WHEN YOU COMPLETE YOUR CALL. LEAVE A <u>WRITTEN MESSAGE</u> TO WHOEVER HAS A RECORDED MESSAGE.
- 17. YOU ARE RESPONSIBLE FOR YOUR GUESTS. DO NOT LEAVE THEM UNATTENDED IN THE HOUSE. **NO ACTIVE USERS IN THIS HOUSE AT ANY TIME.**
- 18. IF CONFLICT ARISES, TRY TO RESOLVE IT BY **APPROPRIATE MUTUAL AGREEMENT.** DO NOT ALLOW IT TO AFFECT THE ENTIRE HOUSEHOLD. IF IT IS NOT POSSIBLE TO COME TO A MUTUALLY SATISFACTORY RESOLUTION, BOTH PARTIES ARE RESPONSIBLE TO GO TO THE HOUSE PRESIDENT TO DISCUSS THE SITUATION. ALL HOUSE MEMBERS MAY BE CALLED TOGETHER FOR AN EMERGENCY MEETING TO FIND A SOLUTION TO THE PROBLEM.
- 19. NOISE IS TO BE KEPT AT AN ACCEPTABLE LEVEL AT ALL TIMES. QUIET TIME IN THE HOUSE IS FROM _____ PM UNTIL _____ AM.
- 20. IF ANYTHING GETS BROKEN—FIX IT, REPLACE IT OR, IF IT NEEDS THE HOUSE ATTENTION, NOTIFY THE CHORE COORDINATOR
- 21. WE HAVE NO BOSSES IN THIS HOUSE. **WE** SHARE EQUALLY IN THE RESPONSIBILITIES OF THIS HOUSE FOR **OUR** BENEFIT AND PERSONAL GROWTH.
- 22. HOUSEMATES SHOULD BE NOTIFIED IF YOU ARE GOING TO BE OUT OVERNIGHT. 3 OVERNIGHTS PER WEEK. WEEKS START ON ______ AND END ON ______.
- 23. HOUSEMATES SHOULD BE NOTIFIED AT LEAST A WEEK IN ADVANCE IF YOU ARE PLANNING TO BE GONE FOR **SEVERAL OVERNIGHTS**, VACATION, WORK, ETC. (I.E.-CHORE SCHEDULING, RENT PAYMENTS, ETC.)
- 24. RENT PAYABLE IN CHECKS OR MONEY ORDERS ONLY (NO CASH PLEASE!) ALL RENTS ARE DUE ON THE 1ST OF THE MONTH AND NO LATER THAN THE 5TH. UNLESS OTHER ARRANGEMENTS HAVE BEEN MADE AND VOTED ON AT THE HOUSE MEETING.
- 25. WEEKLY HOUSE MEETINGS ARE MANDATORY! HOUSE DECISIONS ARE MADE AT THIS TIME AND YOU ARE RESPONSIBLE TO BE HERE. EXCUSES FOR WORK, HOSPITAL OR PRE-ARRANGED ABSENCES ONLY, ARE ALLOWED. IF YOU ARE GOING TO BE TARDY, CALL BEFORE MEETING STARTS. WE SHUT OFF THE PHONES DURING OUR HOUSE MEETINGS.
 - A. UNEXCUSED ABSENCES OR TARDINESS......\$25.00 FINE.
 - B. CHORE DUTIES.....INCOMPLETE OR UNSATISFACTORY....
 - 1ST OFFENSE----WARNING
 - 2ND OFFENSE----\$5.00 FINE
 - 3RD WITHIN 90 DAYS----\$20.00 FINE, POSSIBLE CONTRACT

- 26. LIGHTS, TELEVISIONS, STEREOS, ETC. SHOULD BE TURNED OFF WHEN NOT IN USE
- 27. THERMOSTAT SHOULD BE KEPT AT **68** TO **70** DEGREES FOR BOTH HEATING AND COOLING.
- 28. BE COURTEOUS WHEN OTHER HOUSEMATES HAVE ALREADY STARTED COOKING. BE PATIENT AND WAIT YOUR TURN.
- 29. INTERACTION WITH EACHOTHER IS ENCOURAGED. TAKE TIME TO SHARE FEELINGS, HOBBIES, HOPES AND DREAMS WITH YOUR OXFORD FAMILY.
- 30. DISRUPTIVE BEHAVIOR WILL CONSTITUTE A HOUSE DECISION TO PLACE MEMBER OR MEMBERS ON A "BEHAVIORAL CONTRACT"

31. <u>PHYSICAL VIOLENCE</u> WILL BE DEALT WITH (TIME WISE) AS A <u>RELAPSE</u>. THE PARTIES INVOLVED <u>WILL BE EXPELLED</u> FROM THIS HOUSE. AN EMERGENCY MEETING MUST BE CALLED TO VOTE ON THESE SITUATIONS.

- 32. <u>**RELAPSE:**</u> YOU WILL HAVE 30 MINUTES TO GATHER WHAT YOU NEED AND LEAVE. (You must return within 72 hours to remove the rest of your belongings. If you do not...your things will be packed up and stored for NO LONGER than 30 days. Upon that time they will be donated to a charitable organization.)
- 33. Two WEEK NOTICE NEEDED WHEN RELOCATING, **PLEASE.** (If you **do not** give the house a 2 week notice, you **might not** be refunded those 2 weeks.)
- MOVE-IN FEES ARE NOT REFUNDABLE.
 (If for some reason you choose to move out and you have given a 2 week notice, any unused portion of your EES will be refunded to you within 30 days.)
- 35. NO FIREARMS OR AMMUNITION IN THIS HOUSE AT ANY TIME!

I UNDERSTAND AS A MEMBER OF OXFORD HOUSE______I AM REQUIRED TO READ AND FAMILIARIZE MYSELF WITH THESE HOUSE EXPECTATIONS AND IF I AM UNCLEAR OR DO NOT UNDERSTAND ANY OF THEM.....I WILL ASK FOR ASSISTANCE.....

INITIALS